



Riverina Kyokushin Karate Country Championships
Sunday 2nd October 2016
West End Stadium 16 Merrowie St Griffith N.S.W
Competitors report 8.30am Tournament starts 9.00am sharp



Name _____

Address	Postcode
Phone Home	Mobile
Date of Birth / /	Current age Weight (for contact only)
Club	Current Grade Height (full con only)
Style	Name of Instructor

Please circle your category for the Non Contact and/or Full Contact

Male 7 years and Under	NC	FC	Female 7years and Under	NC	FC
Male 8 & 9 years	NC	FC	Female 8 & 9 years	NC	FC
Male 10 – 12 years	NC	FC	Female 10 – 12 years	NC	FC
Male 13 – 15 years	NC	FC	Female 13 – 15 years	NC	FC
Male 16 – 17 years			Female 16 – 17 years		
Adult Male Non Contact 10 th - 5 th kyu			Adult Female Non Contact 10 th – 5 th kyu		
Adult Male Non Contact Open			Adult Female Non Contact Open		

FULL CONTACT CATEGORIES ARE ON THE BACK OF THIS FORM

ALL NON CONTACT FIGHTERS MUST WEAR GROIN GUARDS, AND MOUTH GUARDS

Declaration

1. I the undersigned on consideration of, and as a condition of acceptance of my entry in the above event, for myself, my heirs, executors and administrators, hereby waive all and any claims fight of cause of action, which I or they might otherwise have arisen out of any loss of life or injury, damage or loss of any description whatsoever which I may suffer or sustain in the course of or consequent upon my entry in the said event.
2. This waiver, release and discharge shall be and operates separately in favour of all persons, corporations, and bodies involved or otherwise engaged in promoting or staging the event

Name (print)..... Dated this day of 2016

Signature of applicant and declaration.....
 (If applicant is under 18 years of age, the applicants guardian must sign the application)

Legal Guardian: I declare that I am the legal guardian of the applicant

Print Name.....

Signature of legal guardian and declaration.....

Applications MUST be in last post Fri 23rd September 2016
Late Entries will be charged an additional \$10

Competitor Tournament Fee \$25. Extra event \$10 cheques made payable Riverina Martial Arts
Spectator Fee adults \$20 children under 16 \$15 Under 6 free

PLEASE DO NOT SEND SPECTATOR FEE. PAY AT THE DOOR ONLY

Return Address Frank Cirillo RMA & TOTAL FITNESS 10 PROBERT AVE GRIFFITH NSW 2680



RIVERINA KYOKUSHIN KARATE COUNTRY CHAMPIONSHIPS

October 2nd 2016

Venue West End Stadium 16 Merrowie St
Griffith N.S.W

Date: Sunday 4th Oct 2015, 9.00am start

Junior Full Contact Information-

All Juniors, taking part in the Full Contact Section MUST fill the entry form in correctly. They must have their age, height and correct weight stated clearly on the entry form and also circle FC, indicating they wish to compete in FULL CONTACT. They will be put into the Weight Categories displayed below. If students don't fit well into a category I will contact the Instructor so that we can discuss the options. My aim is that ALL students get the opportunity to compete. Please feel free to contact me if you have any questions on 0427630488.

7 yrs & Under Male 24.9kg & Under 25kg & Above
7yrs & Under Female 24.9kg & Under 25kg & Above
8-9 yrs male 29.9kg & Under 30kg & Above
8-9 yrs Female 27.9kg & Under 28kg & Above
10-12 yrs Male 39.9kg & Under 40kg - 49.9kg 50kg & Above
10-12 yrs Female 39.9kg & Under 40kg- 49.9kg 50kg & Above
13-15 yrs Male 49.9kg & Under 50kg – 59.9kg 60kg & Above
13-15 yrs Female 49.9kg & Under 50kg -59.9kg 60kg & Above

NEW DIVISION

This year we have added a Veterans Full Contact One Match for fighter 35 years and over. This will be run over two 2 minute rounds. Shin pads are optional. If you are interested simply fill in the form as per usual.

There will be a Sayonara Dinner at The Area Hotel
Please indicate if you are coming and how many of you there will be.

Full Contact Divisions
Please circle the weight category

Colts Male (16 & 17 yrs of age) head gear and gloves will be provided

Lightweight 70kg and under Middleweight 70.1kg- 80kgs
Heavyweight 80.1kg and over
Mouth guard Groin guard and shin pads required

Colts Female (16 & 17yrs of age) head gear and gloves will be provided

Lightweight 60kgs and under Middleweight 60.1kg-70kg
Heavyweight 70.1kg and over
Mouth guard, chest guard, shin pads required

Mens Novice (7th kyu & Under) groin guards & mouth guard required

Lightweight 70kgs and under Middleweight 70.1kg-80kgs
Heavyweight 80.1kgs & over

Mens Intermediate (6th kyu- 3rd Kyu) groin guards & mouth guard required

Lightweight 70kgs and under Middleweight 70.1kg- 80kgs
Heavyweight 80.1kgs-and over

Mens Open (2nd Kyu & Above) groin guards and mouth guard required

Lightweight 70kgs and Under Middleweight 70.1kg 80kgs
Heavyweight 80.1kgs and over

Female Novice (7th kyu & under) chest guard/mouth guard required

Superlight Under 55kg Lightweight 55.1kgs -65kg
Middleweights 65.1kg-75kg Heavyweights 75.1kg- and Over

Female Intermediate(6th kyu- 3rd kyu)chest guard/mouth guard required

SuperLight Under 55kg Lightweights 55.1 kgs-65kg Middleweights 65.1kgs-75
kgs Heavyweights 75.1kgs and over

Female Open (2nd kyu and Above) chest guard/mouth guard required

SuperLight Under 55kg Lightweights 55.1kgs -65kg
Middleweights 65.1kgs-75kgs Heavyweights 75.1 kgs and over

NEW DIVISION- VETERANS ONE MATCH 35 YEARS & OVER

Male/Female (circle) Age _____ Grade _____ Weight _____

This will be two 2 minute rounds

Riverina Martial Arts has the right to merge weight divisions and/or categories to keep them competitive if numbers are low in each division or weight category

Weigh In will be held at Riverina Martial Arts & Total Fitness Dojo 10 Probert Avenue East Griffith on Saturday 1st between 3pm-4pm or 9am Sunday 2nd at the Venue. Weigh in is compulsory.